

## Mid - City Concerns Lunch Menu April 2024

**Mid-City Concerns** 

5
12

Senior Center

Monday Tuesday Wednesday Meatballs with Gravy Teriyaki Chicken Pasta Prima Vera Mashed Potatoes White Rice Applesauce Yellow Squash Broccoli

Chicken Parmesan

Spaghetti with Marinara

Green Beans

Teriyaki Chicken

White Rice

Broccoli

30

Thursday Meatloaf Mashed Potatoes

Yummy Homemade Pizza

8 Chicken Thighs Chicken Fried Steak Mashed Potatoes Cous Cous Peas

Carrots

Salad Cake & Ice Cream 19

17 **Red Potatoes** Carrots

Shepards Pie



Lunch and Milk Served

11:30 - 12:00pm Menu subject to change

2nds @ 11:55am

(if available)

15 16 **BBQ** Chicken Mac & Cheese Brown Rice Broccoli Peas and Carrots Mandarin Oranges 22 23

29

24 Chicken Alfredo Zucchini

Senior Center





Biscuits and Gravy

Applesauce

Meatballs with Gravy

Mashed Potatoes

Yellow Squash

10 Green Beans Glazed Ham

Spaghetti w/ Turkey Marinara

Green Beans 11 Salisbury Steak Mashed Potatoes 18